

Laura M.H. Anderson

Summary

Physician with clinical experience, teaching, and leadership roles in a variety of practice settings including active-duty military, sports medicine, occupational medicine, and urgent care. Beyond patient care, I have a range of professional knowledge in utilization management, operational and business aspects of healthcare, and medical panel work for the Utah Labor Commission.

Positions/Professional Experience

CURRENT

Market Medical Director, Utah CareNow Urgent Care (9 Clinics)

Wasatch Front, UT, 05/2021–present

- Transitioned acquisition practice to new urgent care/occupational medicine practice in Utah, a service line of HCA (locally branded as MountainStar)
- Provide physician leadership to over 30 providers, meet performance metrics for the market, recruit, train, and orient new providers, manage provider schedules for clinics, conduct half-day quarterly provider meetings
- Oversaw development and opening of 4 de novo clinics
- With operations counterpart, collaborate with Division to improve growth in the market and facilitate operations of the practice in relationship to Division hospitals, ERs, physician clinics and outpatient centers

Medical panel, Utah Labor Commission

Salt Lake City, UT, 04/2015–present

- Perform case reviews and provide reports for medically disputed questions posed by judges in adjudication of worker's compensation claims

PAST

Staff Physician, Urgent Care Clinic Community Clinics, Univ. of Utah

Salt Lake City, UT, 12/2011–01/2015 moonlighter, 02/2015–04/2021 full-timer

- Practiced urgent care medicine and supervision of mid-level providers as the organization expanded its urgent care services beginning in Feb 2015
- Clinical teaching of mid-level and medical students in urgent care
- Provided de facto leadership for front-line medical providers in pandemic response

Medical review officer, Utilization Management for University of Utah Health Plans

Salt Lake City, UT, 05/2018–08/2021 (30 hours/month)

- Provided physician utilization review in applying evidence-based criteria to determine medical necessity of requests for advanced imaging, therapies, surgeries, and other medical services.

Supervising Physician, U of Utah Health Occupational Medicine

Salt Lake City, UT, 01/2016–12/2017; 20% time

- Worked with and taught occupational medicine residents in an OM clinic setting, providing care similar to that outlined below for Concentra
- Clinical teaching of medical students in OM

Medical Director, Concentra Medical Center

Salt Lake City, UT, 02/2012–02/215

- Administered occupational medicine clinical activities: work-related injury management, employment physicals (DOT, pre-employment, respiratory/hazmat, return to duty) and supervision of audiograms, pulmonary function tests, and other ancillary services
- Oversaw medical operations and helped to maintain and build client (employer) relationships for occupational medicine services. Clients included Delta Airlines, Salt Lake City Corp/SL Fire, Dannon
- Certified to become a travel medicine consultant, making vaccine recommendations/requirements, discussing travel-related illness and injury to modify risks

Physician, Sports Medicine/Instacare Intermountain Medical Group

Layton, UT, 09/08–08/11

- Developed a community-based sports medicine practice consisting of fracture care, athletic injuries, over-use injuries, work-related injuries, osteoarthritis, exercise and nutrition advice
- Provided urgent care services
- Snowbasin resort medical clinic on-mountain orthopedic/musculoskeletal care

Moonlighter, Urgent Care clinics

- Multiple urgent care clinics (Sharp-Rees Stealy, San Diego and Sutter Health and Regency in Sacramento CA), 01/04–05/2007

Clinician, U.S. Navy

(Please see Military below.)

Medical Training

PGY 4 Sports Medicine Fellowship

Drexel University College of Medicine/Hahnemann University Hospital; Philadelphia, PA, 08/2007–08/2008

PGY 2-3 Family and Community Medicine

University of California Davis Medical Center; Sacramento, CA, 07/2005–06/2007

(GMO commitment from 2002-2005, see Military below)

PGY 1 Internal Medicine

Naval Medical Center; San Diego, CA, 06/2001–06/2002

Education

Medical Doctorate

John A. Burns School of Medicine, University of Hawaii; Honolulu, HI, 05/2001

Bachelor of Science, Biology w/ Minor in Philosophy and Chemistry

Pacific Lutheran University; Tacoma, WA, 05/1997

- Magna Cum Laude

Military

U.S. Naval Officer Lieutenant

Awarded Health Professions Scholarship, Honolulu, HI, 05/1998

Honorable Discharge 08/2005

General Medical Officer (GMO) in U.S. Navy

Regimental Aid Station, 11th Marines; Camp Pendleton, CA; 06/2002–07/2005

- Combat Casualty Care Course, and Advanced Trauma Life support, San Antonio, TX, Jan. 2002

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- Medical Management of Chemical and Biological Casualties Course Fort Detrick/Aberdeen Proving Grounds, MD, Nov. 2002 (US Army Medical Research Institute of Chemical Defense & Infectious Diseases)
 - Two combat deployments to Iraq from 02/2003–07/2003 and 09/2004–12/2004
 - Provided field medical support to Marines and Sailors in austere war conditions ranging from pre-deployment readiness and troop immunizations to stabilization and clinical management of battlefield and accidental injuries and illnesses

Professional Recognition

Nominee for Urgent Care Physician of the Year, 2017 & 2018 (University of Utah urgent cares): 1 of 6 nominees out of 70 providers nominated by the medical assistants and nurses of the urgent care.